

E-Safety for Parents and Carers

The Internet connects billions of people across the globe and the number of devices being used to access the Internet is every increasing. For example PCs, laptops, games consoles, tablets, smart phones, smart TVs, set top boxes etc. It can still be relatively simple for children access or share inappropriate material whilst online and often the things they post, send or upload leave a digital footprint which is completely out of their own control. Many communication services including social media applications present risks to your children, potentially exposing them to bullying and exploitation.



DO YOU KNOW WHAT YOUR CHILDREN ARE DOING ONLINE???

As adults we have a responsibility to educate our young people in safe internet use. Questions to ask yourself:

1. SHOW ME

Is your child doing something on line that they would not do in front of you ie swearing, bullying, sharing naked images, sexting?

Ask to look at their recent communications and make this a regular activity.

2. LOW PROFILE

Do you know who your child is unintentionally sharing their information with?

Sit down with your child and check privacy settings to ensure information cannot be seen by anyone other than friends.

3. JUST ASK

How much personal information is your child sharing ie name, age, address, school, mobile number etc?

Try viewing their online profile yourself and then talk to them about your findings.

4. PHOTO CHECK

What photos is your child sharing ie partially clothed, in school uniform, showing frequently visited places etc?

Talk to your child about how these images can be used by other people.

5. DON'T WORRY

Do you feel you do not understand social media yourself and therefore adopt a 'bury your head' attitude?

Show an interest and ask your child to help you to learn, they are then more likely to speak to you about internet worries.

NEED SUPPORT?

CONTACT MR FENWICK (DEPUTY HEAD & E-SAFETY OFFICE)



Malton School
A Specialist Science School

5 GOLDEN RULES,

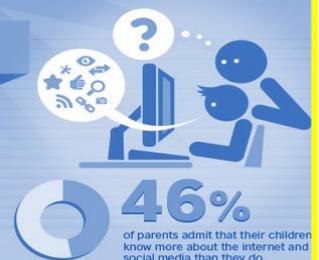
designed to enable parents and carers to help their children enjoy social media but stay safe.

1. Show me

Ask your child to show you the sites they use

Show an interest, take note of the sites your children visit and re-visit them later when you are alone.

Find out how to set the safety features and how to report any issues directly to the site.



2. Low profile

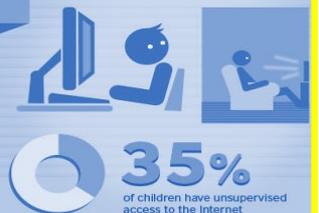
Ask your child to set profile settings to private

Since children use social media sites to share just about everything they do, setting their profile to private can help protect them against photos, personal information or even location in the real world ending up in the wrong hands.

3. Just ask

Ask your child about their online friends

Help your children understand that people can create fake identities online and lie about who they are. They should only give out personal information and be "friends" with people they know and trust in the real world.



4. Photo Check

Ask your child to only share photos that they wouldn't mind showing you first!

Talk to your child about the images they send, the sites and apps they use to share them and who they are sending them to.

5. Don't Worry

Ask your child to tell you if they are worried about something online

By talking to your child about the internet, their favourite sites and the risks they may encounter, they are more likely to turn to you if they get into situations online where they don't feel comfortable or see something they don't want to see.

