

SCHEME OF LEARNING – RSHE – YEAR 7

Year 7	Autumn	Spring	Summer
Content	<ol style="list-style-type: none"> Growth mindset and positive friendship Respect (consent)– beliefs, culture and positions of authority Bullying including cyberbullying (consent) and the responsibilities of bystanders. Role played by the community (CZ) and healthy communities Planning your personal challenge The role of care homes in the local community and Christmas cards for residents (can be delivered across two lessons if the timetable allows). 	<ol style="list-style-type: none"> Dental hygiene and healthy eating Healthy lifestyle (school clubs and PDA, local clubs) Healthy lifestyle and its mental health benefits. Managing change, loss and grief. Budgeting – how to prioritise you pocket money spending. How do we know what is true? Online, personal conversations and other media (consent). 	<ol style="list-style-type: none"> Leadership and teamwork Conflict management The role of the school in the community School challenge Risk management and a safe summer (water and UV etc. Your consent). Annual review, my first year of studying PSHRE. (A3 sheet with tick list to include their challenges)
Why?	<p>In Year 7 PSHCE is used to help their enthusiasm for learning develop and thrive. The first term helps them to make the transition to secondary school and to develop their place in the community. It will also guide them through their increased access to the on-line world and how to navigate a safe and positive path.</p> <p>Students will continue to develop an understanding of their place in both the local and wider community and their own sense of self. They will undertake a personal challenge to improve which will develop their organisation and management skills as well as improving the wellbeing of others. They will finish the term by developing their understanding of the role of care homes and they will reach out to them by creating and sending a seasonal card to the residents in the run-up to the Christmas Holidays.</p>	<p>The second term covers healthy living and a healthy lifestyle. They will learn to understand the how to support their physical and emotional wellbeing and how to deal with loss and grief.</p> <p>As they gain more responsibility and independence, we will help them to understand budgeting and we will finish this term reinforcing and further developing how to safety and positively navigate the on-line world.</p>	<p>In the summer term as the weather improves, they will develop their leadership and teamwork skills. Skills that will help them in education, the wider community and in the world of work. This will understand how to manage conflict. They will then work as part of a team to complete their School Challenge. We will then finish with summer safety and then a review of their work so far to see how will developed as a Malton School Citizen.</p>
NC/RSE	NC 5	NC6	NC5
A2L/ Behaviour	Student's performance is assessed on their attitude to learning, their behaviour and their commitment to their personal challenge. Quizizz is used to check on their knowledge and to consolidate it throughout the course.		Student's performance in assessed on their attitude to learning, their behaviour and their commitment to their community challenge.

National Curriculum References KS3 (Pupils should be taught):

- NC 1. The development of the political system of democratic government in the UK, including the roles of citizens, Parliament and the monarch.
- NC 2. The operation of Parliament, including voting and elections, and the role of political parties.
- NC 3. The precious liberties enjoyed by citizens of the UK.
- NC 4. The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals.
- NC 5. The roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school based activities.
- NC 6. The functions and uses of money, the importance of practicing budgeting and managing risk.

RSE referred to Relationships and sex education

PHWE Physical Health & wellbeing education

The numbers refer to the sequence of the boxes in the secondary school SRE document, see the link below or the [faculty reference document](#).

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